



**VINAYAKA MISSION'S
RESEARCH FOUNDATION**
Deemed to be University under section 3 of the UGC Act 1956

Vinayaka Mission's College of Physical Education, Salem

THEORY TIME TABLE – APRIL 2025

M.P.E.S (2023-2024 Regulation)

S.No	Sem/yr	Course Code	Course Name	Regular / Arrear	Date	Session
1.	1 Sem / I Yr	75423CC01	Research Process in Physical Education and Sports Sciences	Regular	21.04.2025	FN
2.	1 Sem / I Yr	75423CC02	Physiology of Exercise	Regular	22.04.2025	FN
3.	1 Sem / I Yr	75423CC03	Tests, Measurement and Evaluation in Physical Education	Regular	23.04.2025	FN
4.	1 Sem / I Yr	75423EC01	Yogic Sciences	Regular	24.04.2025	FN

PG Diploma in Yoga (2024-2025 Regulation)

S.No	Sem/yr	Course Code	Course Name	Regular / Arrear	Date	Session
1.	1 Sem / I Yr	29724CC01	Foundations of yoga	Regular	21.04.2025	FN
2.	1 Sem / I Yr	29724CC02	Hatha Yoga	Regular	22.04.2025	FN
3.	1 Sem / I Yr	29724CC03	Human Anatomy & Physiology	Regular	23.04.2025	FN
4.	1 Sem / I Yr	29724CC04	Yogic Life Style	Regular	24.04.2025	FN
5.	1 Sem / I Yr	29724EC01	Biomechanics of yoga	Regular	25.04.2025	FN

M.Sc., (Yoga) (2024-2025 Regulation)

S.No	Sem/yr	Course Code	Course Name	Regular / Arrear	Date	Session
1.	1 Sem / I Yr	29624CC01	Insights into Indian philosophy	Regular	21.04.2025	FN
2.	1 Sem / I Yr	29624CC02	Applications of Hatha Yoga and Patanjala Yoga	Regular	22.04.2025	FN
3.	1 Sem / I Yr	29624CC03	Biomechanics and Kinesiology	Regular	23.04.2025	FN
4.	1 Sem / I Yr	29624CC04	Therapeutic Yoga	Regular	24.04.2025	FN
5.	1 Sem / I Yr	29624CC05	Yoga and Strategic Management	Regular	25.04.2025	FN

K. Meenakshi
15/4/25

COE